

PiLA EMAIL TO CURRENT FELLOWS
March 4, 2020

Dear fellows,

We wanted to check in again and to let you know that, just as we imagine you are doing as well, we are continuing to keep an eye on coronavirus news and related health and travel guidelines.

We continue to monitor general Princeton University guidelines and recommendations on health and safety measures. A new update and list of [helpful FAQ's](#) was released this afternoon.

Princeton still has not suspended any travel programs currently active in Latin America and there are still no CDC or U.S. State Department travel advisories regarding coronavirus for any countries in Latin America. Overall cases in Latin America remain quite low compared to numbers of cases in the U.S. and some other countries.

We will continue to be in touch over the coming days and weeks with updates and with any further guidance we receive.

As a precaution, please follow these guidelines from Princeton University to reduce the risk of spreading coronavirus or other respiratory illnesses that may appear similar to coronavirus:

“The best things you can do are the same as those for preventing flu:

- Wash your hands often with soap and water for at least 20 seconds. If soap and water are not available, use an alcohol-based hand sanitizer.
- Avoid touching your eyes, nose, or mouth with unwashed hands.
- Avoid close contact with people who are sick.
- Stay home when you are sick.
- Cover your cough or sneeze with a tissue. Then throw the tissue in the trash and disinfect your hands.
- Clean and disinfect frequently touched objects and surfaces.”

(Source: <https://emergency.princeton.edu/coronavirus-faq-campus>)

For more information and to stay informed:

- CDC [guidelines](#) for home, office, school communities
- World Health Organization (WHO) [updates](#) on the Coronavirus outbreak – including situation reports and travel advice

If possible, please participate in conversations in your organizations about health preparedness or potential for working remotely and try to be part of the solutions and alternative strategies. We encourage you to treat this experience as part of your professional growth and to help others with information and preparedness.

If you are concerned about your health or safety or would like any guidance for discussions with supervisor(s) or colleagues, please let us know if you'd like to set up a Skype call. For any urgent concerns, feel free to call Annie (-----) or Alán (-----) at any time.

All our best,

The PiLA Team

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